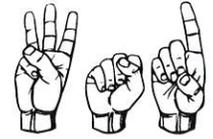




Between Us...



... a monthly communication newsletter with and for our parents.

February 6, 2015 Vol. 33, No. 03

Dates Of Special Interest

February

- 8 Students return PM
- 13 Student departure day
- 15 Students return PM
- 19 Thursday Mid-quarter Student departure day**
- 22 Students return PM
- 25 Blood Drive**
- 27 Student departure day

March

- 1 Students return PM
- 6 Student departure day
- 8 Students return PM
- 13 Student departure day
- 15 Students return PM
- 20 Student departure day
- 22 Students return PM
- 27 **3rd quarter ends Student departure day**
- 30-April 3 Spring break**



April

- 6 Monday Students return PM**
- 10 Student departure day
- 12 Students return PM
- 17 Student departure day
- 19 Students return PM
- 24 Student departure day
- 26 Students return PM

Message from the Superintendent



Alex H. Slappey

How's Your Confidence?
Confidence and Success.

One of the most important lessons I've learned in my life is that confidence sets up success. I find that when I'm confident I focus better, I'm more alert, and I can accomplish my task much more effectively and accurately.

"Concentration comes out
of a combination of confidence
and hunger."
Arnold Palmer

Growing up deaf in a hearing world was not conducive to my acquiring confidence. I was an uninspired student from elementary through high school as there were no special education services back then. I was mostly left to flounder like fish out of water. I acquired much of my confidence through sports and from my family. However, once I went to Gallaudet and learned sign language my confidence grew in leaps and bounds.

The ability to understand my teachers, to interact directly with others in my environment, and to become engaged in activities that were closed to me in the past allowed me to bloom into a well rounded and confident individual.

"Self-confidence is the first requisite to great undertakings."
Samuel Johnson

WSD offers many opportunities for our students to develop confidence. Besides sports, clubs, and

organizations, WSD also offers the opportunity to engage in discussions and debate with peers and staff. Discussions and debates are the stuff in which one develops one's thinking skills and the ability to use logic and rationale. There is a wealth of opportunity in the unstructured discussions that occur in the school hallways and the dormitory settings. Much of our knowledge and skill is acquired in these informal settings. While I learned a lot about logic and rationale in the classroom discussions in college, I learned just as much or more in the informal debates students would have in the dormitory lounge or on the long bus trips to/from athletic events.

Recently we had a series of online Academic Bowl competitions with other schools. WSD's students did well in this competition that involves knowledge of a variety of subjects. This is an excellent way to develop confidence. WSD also has three teams entered into the Battle of the Books, a national competition sponsored by Gallaudet University. All three of WSD's teams made it to the playoff stage. If we place high enough we will make it to the National Finals.

This is the kind of thing that does wonders for our students' confidence. It's not just about athletics; it's also about all the other aspects of our residential program.

When we have confidence in ourselves obstacles are less intimidating.

“The greatest barrier to success
is the fear of failure.”
Sven Goran Eriksson

WSD Birthdays



March

- 1 Andrew Coppola
- 4 Lily Jensen
- 8 Teresa Baumgartner
- 11 Jalila Martens
- 16 Andy Morales Hernandez
- 17 David Hash
- 19 Hope Johnson

April

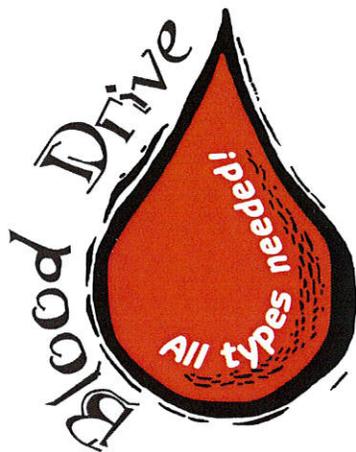
- 3 Emma Vollmar
- 5 Kaiden Messer
- 11 Ellie Lister
- 13 Madison Bongard
- 20 Jose Zepeda-Amador
Paige Sheffield
Lawson Vollmar
- 21 Halina Kangas
- 23 Riley Healy
- 24 Lillian Squires
- 30 Emma Menzel

Blood Drive~~~~~

**BloodCenter of Wisconsin in coordination with the
Wisconsin School for the Deaf – Health Center**

Wednesday, February 25, 2015 2pm – 7pm

Neesam Gym – near Health Center



Contact for RSVP or information by Feb 20th:

Susie Kelly, Video Phone: 262-394-1217

Diane Nelson, Voice only: 262-728-7144

**Or email us at: diane.nelson@wsd.k12.wi.us
susie.kelly@wsd.k12.wi.us**

Open to:

**WSD Staff & Spouses/Partners
WSD Students, age 18 & over
WSD Students, age 16-17 with parental permission
Surrounding Deaf & Hearing Community**

Wisconsin School for the Deaf – Health Center



309 W. Walworth Avenue
Delavan, WI 53115

Ph. # 262-728-7144 Voice

VP: # 262-394-1217 or # 262-725-0251

Fax #262-728-7168

Email – diane.nelson@wsd.k12.wi.us

susie.kelly@wsd.k12.wi.us

Blood Drive

January 8, 2015

Dear Parents,

We will be having a blood drive here at WSD on Wednesday, February 25th from 2pm to 7pm at WSD. It will be handled by the BloodCenter of Wisconsin. WSD Health Center is coordinating this event with the BloodCenter.

We want to teach our students the choice of donating blood. Every three seconds, someone in our community needs blood. By giving blood, donors have the opportunity to save lives. Donating blood is a quick, easy, and safe way to provide patients with the gift of life.

Donating blood through BloodCenter of Wisconsin is important as BloodCenter is the only supplier of blood for local community hospitals, as well as 60% of the state. For 60 years, BloodCenter has partnered with volunteer blood donors to meet the needs of patients in our communities. Whether your donation goes to a father having heart surgery, a child undergoing chemotherapy treatments, or a mother experiencing complications during birth, you can be sure that you have an impact on the local blood supply.

Through collection, testing, treatment and research, BloodCenter of Wisconsin helps bring hope and healing to our co-workers, neighbors, friends and families.

Donor Eligibility

All donors should be in good health on the day of donation. To be eligible to donate, you must:

- Be at least 16 years old. (16 & 17 year-olds may donate with parental permission.)
- Weigh at least 110 lbs.
- Be free of major cold, flu, and allergy symptoms.
- Present a photo I.D. with birth date
- Not have had hepatitis after age 11.
- Not have had any risk factors/behaviors associated with HIV/AIDS.

**** FYI – BloodCenter only requires parental permission for 16 yr olds, but WSD Health Center is requiring parental permission for both 16 & 17 yr olds. Students who are 18 yr old may sign the consent for themselves. (Students born after Feb 25th, 1999 are NOT eligible)**

Common Health History Questions

Below are some common conditions/situations that people ask about.

- **Antibiotics** – You can donate three days after finishing antibiotics for an infection (bacterial or viral). You can donate if you are taking antibiotics to prevent an infection, for example, following dental procedures or for acne. Antibiotics for acne do not disqualify you from donating.
- **Dental work** – You can donate if there is no infection.
- **Flu Vaccination** – You can donate if you are feeling well.
- **Heart disease** – A history of heart disease may require a letter of approval from your physician. Final approval is subject to review by a BloodCenter of Wisconsin physician. This will be determined during your health history when you come in to donate.
- **Infections** – You must be infection-free.
- **Injections/Vaccinations** – Certain injections and vaccinations require a wait before donating. Please bring the name of the injection or vaccination and the date it was administered.
- **Menstruation** – Women can donate during their periods.
- **Piercing** – Ear or body piercing using single-use equipment in an approved setting is acceptable.
- **Pregnancy** – Women who are pregnant should not donate. Please wait to donate until 6 weeks after giving birth. Women who are breast-feeding are eligible to donate.
- **Tattoos** – In February 2005, our policy toward tattoos changed. Now, if your tattoo was applied by a licensed facility in Wisconsin, you can donate blood. If your tattoo was applied by an unlicensed facility or a facility outside Wisconsin, we require a 12-month waiting period from the time the tattoo was applied.
- **Travel** – If you have traveled to a malaria area, you may not donate until 12 months after your return. If you have ever had malaria, you must be symptom-free for 3 years. For a map of malaria areas, please see the [CDC website](#).
- **Cancer** – Certain cancers require a five year wait after treatments. Please be prepared to discuss your specific type of cancer with a Donor Specialist.

Medications and Health History

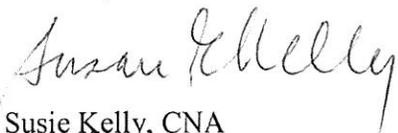
Most medications are acceptable. You can view a [list of unacceptable medications](#) (Medication Deferral list enclosed) and an explanation as to why they are unacceptable.

Donors must be infection-free at the time of donation. If your child is taking an antibiotic for an active infection, please wait until the infection has cleared before donating.

BloodCenter of Wisconsin performs all blood donations using sterile, disposable equipment throughout the donation process. You cannot get AIDS or any other disease by donating blood.

Thank you for encouraging your child to participate in the Blood Drive. Your child is saving lives!
Parents are welcome to donate, too ☺

Sincerely,



Susie Kelly, CNA
Blood Drive Coordinator



Diane Nelson, RN
WSD Nurse Supervisor

Parental Information on Blood Donation

Your son or daughter has expressed interest in donating blood with BloodCenter of Wisconsin. In Wisconsin, a minor who is at least 16 years old may become a blood donor, if the minor's parent agrees. After age 17, the consent of the minor's parent is not required. A *Consent to Blood Donation* form for 16-year-old donors is required each time the minor donates. This form will provide you and your son or daughter with important information about blood donation.

We hope that you will support and encourage your son or daughter to become a blood donor. By becoming a blood donor, your son or daughter is showing great civic responsibility, maturity and a sense of community pride. Through blood donation, your son or daughter can positively impact the health of a patient.

The Donation Process. There are four steps to the donation process:

1. **Registration** – Each donor is required to present a picture ID with the donor's date of birth and complete a list of health-related questions.
2. **Medical Evaluation** – The medical evaluation ensures safety for both the blood donor and recipients. In order to donate, an individual must be in good health, be at least 16-years-old, and weigh at least 110 pounds (see below for additional height and weight criteria). Each prospective donor will meet privately with a donor specialist who will check the donor's blood pressure, temperature and pulse, and take a small drop of blood from the donor's finger to test the donor's blood count.

| MALES | | | |
|-------------------------|---------|---------|--------------|
| If you are | 4' 10" | 4' 11" | 5' or taller |
| You must weigh at least | 120lbs. | 115lbs. | 110lbs. |

| FEMALES | | | | | | |
|-------------------------|---------|---------|---------|---------|---------|-----------------|
| If you are | 5' 1" | 5' 2" | 5' 3" | 5' 4" | 5' 5" | 5' 6" or taller |
| You must weigh at least | 133lbs. | 129lbs. | 124lbs. | 118lbs. | 115lbs. | 110lbs. |

*Females: If you are shorter than 5' 1", you may still be eligible to donate blood. Call our Record Review Department at 414-937-6070 to ask about your eligibility.

3. **Blood Collection and Testing** – Blood is collected through a sterile needle inserted into the donor's arm. The actual blood donation takes about 10 minutes. To ensure the safety of persons who may receive donated blood, all donated blood is tested for ABO blood typing, HIV (the virus that causes AIDS), hepatitis B and C, West Nile virus, syphilis, and other illnesses. All donor information is kept strictly confidential; however, if any of these screening tests are positive, BloodCenter will inform the donor and his or her parent/guardian. In some cases, the donor's name may be entered in a registry of ineligible donors and we must inform certain government health agencies as required by law.
4. **Refreshment and Relaxation** – After the donation, donors are encouraged to spend time in the refreshment area. Snacks and drinks are provided to replenish fluids and energy levels. Also, it is important that the donor drinks plenty of fluids in the 24 hours after donation.

Potential Risks. There are some potential risks in donating blood, including: discomfort, swelling and bruising at the needle site; fainting and convulsions; injury to blood vessels or nerves; infection; and local blood clot. These risks are relatively uncommon.

Questions? If you have any questions or concerns about blood donation, please contact us at 414-937-6070 or visit our website at www.bcw.edu.

If you and your son or daughter want to proceed with blood donation, please read and sign and return the *Consent to Blood Donation* form with your child when they come to donate.

Medication Deferral List

Please tell us if you are now taking or if you have EVER taken any of these medications:

- ❖ **Proscar (finasteride)**—Usually prescribed for prostate gland enlargement.
- ❖ **Avodart, Jalyn (dutasteride)**—Usually prescribed for prostate enlargement.
- ❖ **Propecia (finasteride)**—Usually prescribed for baldness.
- ❖ **Accutane, Absorica, Amnesteem, Claravis, Myorisan, Sotret, Zenatane (isotretinoin)**—Usually prescribed for severe acne.
- ❖ **Soriatane (acitretin)**—Usually prescribed for severe psoriasis.
- ❖ **Tegison (etretinate)**—Usually prescribed for severe psoriasis.
- ❖ **Growth Hormone from Human Pituitary Glands**—Used only until 1985, usually prescribed for children with delayed or impaired growth.
- ❖ **Insulin from Cows (Bovine, or Beef, Insulin)**—Used to treat diabetes.
- ❖ **Hepatitis B Immune Globulin**—Prescribed following an exposure to hepatitis B. **Note:** This is different from the hepatitis B vaccine which is a series of 3 injections administered over a 6 month period to prevent future infection from exposures to hepatitis B.
- ❖ **Coumadin (warfarin)**—Usually prescribed to treat patients with blood clots.
- ❖ **Experimental Medication or Unlicensed Vaccine**—Usually associated with a research protocol.

If you would like to know why these medicines affect you as a blood donor, please continue reading.

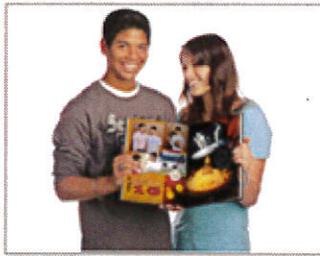
- ❖ If you have taken or are taking **Proscar, Avodart, Jalyn, Propecia, Accutane, Absorica, Amnesteem, Claravis, Myorisan, Sotret, Soriatane, Zenatane** or **Tegison**, these medications can cause birth defects. Your donated blood could contain high enough levels to damage the unborn baby if transfused to a pregnant woman. Once the medication has been cleared from your blood, you may donate again. Following the last dose, the deferral period is one month for Proscar, Propecia, Accutane, **Absorica**, Amnesteem, Claravis, **Myorisan, Zenatane** and Sotret, six months for Avodart and Jalyn, and three years for Soriatane. Tegison is a permanent deferral.
- ❖ **Growth hormone from human pituitary glands** was prescribed until 1985 for children with delayed or impaired growth. The hormone was obtained from human pituitary glands, which are found in the brain. Some people who took this hormone developed a rare nervous system condition called Creutzfeldt-Jakob Disease (CJD, for short). The deferral is permanent.
- ❖ **Insulin from Cows (Bovine, or Beef, Insulin)** is an injected material used to treat diabetes. If this insulin was imported into the U.S. from countries in which “Mad Cow Disease” has been found, it could contain material from infected cattle. There is concern that “Mad Cow Disease” is transmitted by transfusion. The deferral is indefinite.
- ❖ **Hepatitis B Immune Globulin (HBIG)** is an injected material used to prevent infection following an exposure to hepatitis B. HBIG does not prevent hepatitis B infection in every case, therefore persons who have received HBIG must wait 12 months to donate blood to be sure they were not infected since hepatitis B can be transmitted through transfusion to a patient.
- ❖ **Coumadin** affects the ability of blood to clot. Donors currently taking Coumadin may not donate plasma until 7 days after stopping Coumadin.
- ❖ **Experimental Medication or Unlicensed Vaccine** is usually associated with a research protocol and the effect on blood transmission is unknown. Deferral is one year unless otherwise indicated by Medical Director.

If You Are Planning to Donate Platelets Today

Please tell us if you are currently taking any of the following medications:

- ❖ **Plavix (clopidogrel)**—Plavix and the generic clopidogrel are antiplatelets usually prescribed to prevent strokes and heart attacks. Donors currently taking this medication may not donate platelets until 14 days after stopping Plavix.
- ❖ **Dipyridamole**—Dipyridamole prevents platelet clumping and is often used to prevent blood clots from forming. Donors currently taking this medication should not donate platelets.
- ❖ **Ticlid (ticlopidine)**—Ticlid has been used to prevent stroke. Donors currently taking this medication may not donate platelets until 14 days after stopping Ticlid.
- ❖ **Feldene (piroxicam)**—Feldene is used to treat pain or inflammation caused by arthritis. Donors currently taking this medication may not donate platelets until 2 days after stopping Feldene.

Special Yearbook Sale



YOUR 2015 Yearbook is on sale for \$35.00.

Also, there are a few 2014 yearbooks left. They are on sale for \$30.00.

You may purchase both the 2014 and 2015 yearbooks for \$60.00 (savings of \$5.00).

First Come, First Served!

Staff/Student's Name:

Staff Department or Student's Grade:

Please send an order form and your payment to:

Dianne Armato, Yearbook Advisor

Wisconsin School for the Deaf

309 W. Walworth Avenue

DeLavan, WI 53115.

Please make your check payable to Wisconsin School for the Deaf.



How to Prevent Tantrums by Changing the Way You Say No

Posted on January 25, 2014 by [Rachel Wise](#) •

It is often difficult for younger children to accept the word “no.” Older individuals with developmental or emotional disabilities may also have difficulty accepting the word “no.” The word “no” often leads to temper tantrums, arguing, and/or pleading.

When your three-year-old daughter asks you for more candy after she already had a piece and you say “no” she may cry, scream, or beg.

When your seven-year-old son asks you to buy him a toy at the store and you say “no” he may plead with you over and over in the hopes that you will eventually give in.

I am going to show you how to use empathetic statements, explanations, choices, and reminders to say “no”, without using the word no. Using this approach will lead to less tantrums, arguing, begging, etc. If you are not open to making changes in the way you tell your children/students *no*, then this article is not for you. If you want to make changes in your approach that will allow you to remain in control while also seeing improvements in your child’s behavior, keep reading.

People often have a hard time giving up the word “no” because they feel children need to accept it without argument since this will be expected in the “real world” when they grow up. This is an unrealistic expectation on the part of the adult. Young children or children with developmental or emotional disabilities often have a hard time seeing past the word “no” and thinking of alternatives to meet their needs. This is why they beg and plead. They get stuck on the fact that they can’t have something without seeing the whole picture.

When you apply the *empathetic statement*, *explanation*, *choice*, *reminder* approach, you generally get a child who accepts your answer without arguing, tantruming, or begging.

People often say that parents who don't say "no" end up with spoiled kids. This can be true if you give your kids whatever they want, but using this "saying no without saying no" approach allows the parent or teacher to remain in control while helping the child feel respected and understood. It also helps the child visualize other scenarios than the one she is hoping for, which will lead to the ability to better accept "no" as she gets older.

Let's look at a clear example:

So your three-year-old asks for more candy after you have already told her she can only have one piece a day. She already had her piece of candy for the day but comes to you asking for more.

Here is how you can say "no" without saying "no".

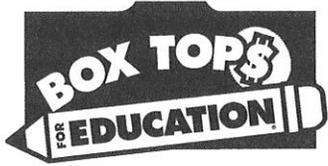
- *Empathetic Statement* – "I understand you want more candy because it tastes so good." (this makes her feel understood).
- *Explanation* - "But it is important for our bodies, to eat healthy, so we can only have one piece a day." (reiterating the rule)
- *Choice* - "If you are hungry, you can have an apple or yogurt." (making her feel valuable)
- *Reminder* - "You can have a piece of candy again tomorrow" (reminding her that she will enjoy some candy again soon).

It is important to tell the child what is expected "It is good for our bodies to eat healthy, so we can only have one piece of candy a day" rather than what is not expected "you can't have candy because it is bad for you." This type of negative phrasing leaves more room for arguing or talking back.

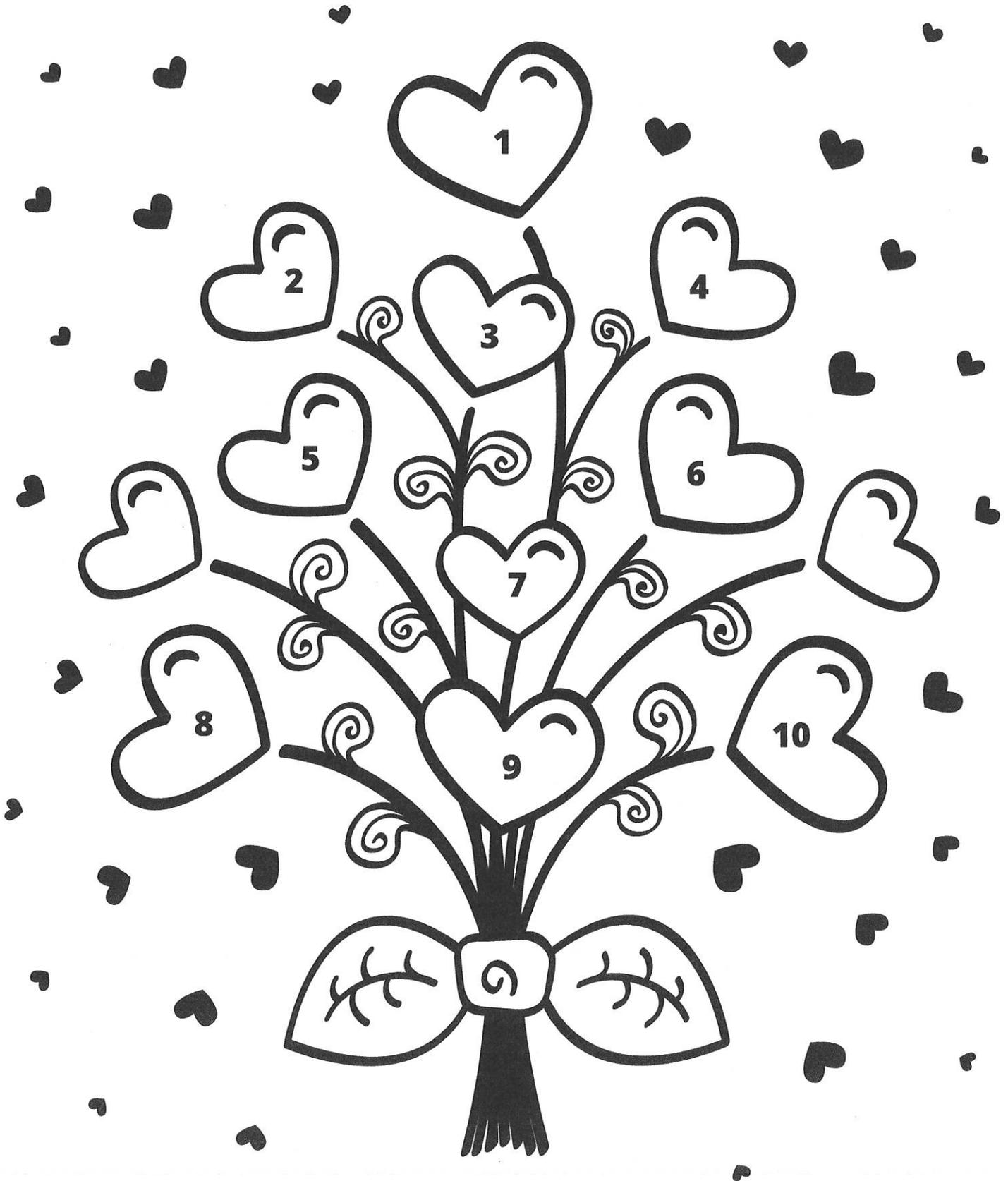
This approach may sound like a lot of work compared to just saying one word "no" but it saves a lot of time because children who get this type of response are much less likely to argue, cry, or have a tantrum. If they do argue with your response, you can simply say, "I've already given you your choices" and not engage in discussion about it anymore.

Think of how you can use this approach in different scenarios at home or in the classroom. Language may need to be shortened or modified for very young children or children who have language based difficulties (e.g., offer a choice rather than saying no). Additionally, very young children or children who have language based difficulties, may have trouble visualizing the choices and may benefit from seeing their choices (e.g., show them the apple and yogurt when you give the choice).

Thank you for reading and thank you for supporting kids!



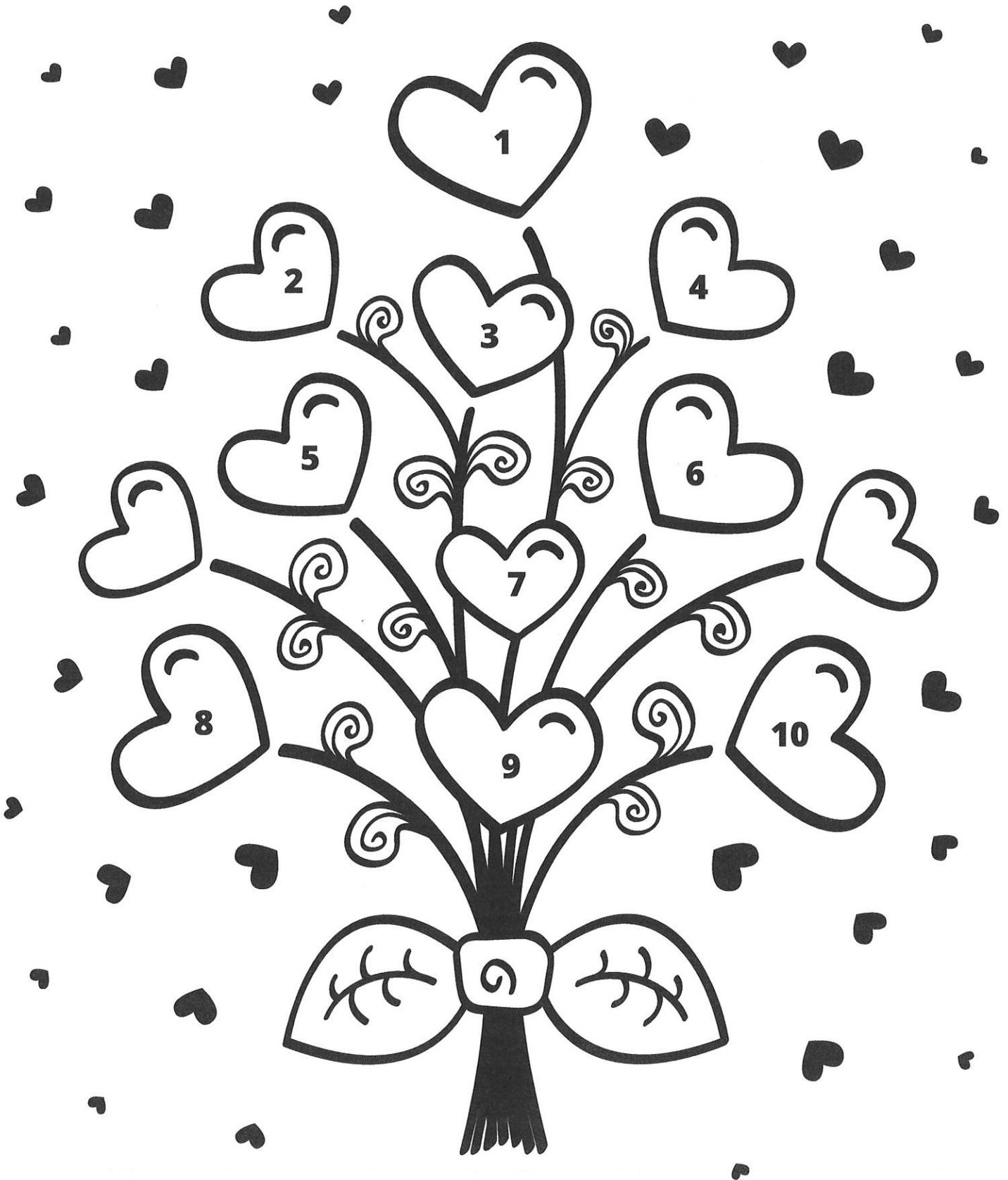
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Thank you for helping! Every Box Top you collect is worth 10¢ for your school.
To see more ways to earn cash for your school, go to btf.com!



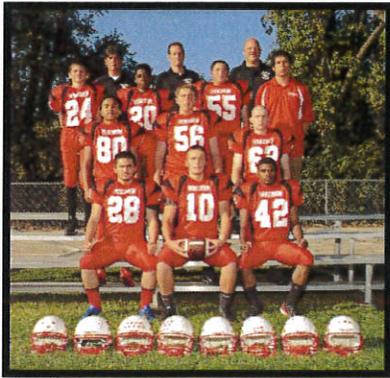
MUESTRA A TU ESCUELA CUÁNTO LA QUIERES,
CON UN RAMO DE TAPAS DE CAJA.



¡Gracias por tu ayuda! ¡Cada tapa de caja que juntas vale 10¢ para tu escuela!
Para ver más maneras de ganar dinero para tu escuela, puedes ir a btfe.com.

WISCONSIN SCHOOL FOR THE DEAF

Firebirds



This past fall, the WSD athletics have produced a successful season. On November 20th, the athletes was honored in the Fall Sports Award. Please see attached of all of the athletics accomplishment and recognitions.

Our football team had only 9 players on football team this season after 7 players graduated from last year's squad. Our magnificent of 9 "Iron" football boys had shown their strong constituency by working hard during football practices and games. With positive attitudes and outstanding leadership our three senior football boys provided guidance for our young inexperienced Firebird players. WSD football team won 4 GPSD Conference games and finished with a 4-3 record. **Daniel Romero, Damon Hopp, Zominique Walker**

and **Jerome Payne** was named GPSD All-Conference.

The Lady Firebirds girls' volleyball team won back to back Central States Schools for the Deaf (CSSD) Volleyball tournaments, this year's hosted at the Illinois School for the Deaf. **Emma Menzel, Elizabeth Besaw and Lyssa Matsche** were named on the All-Tournament team. The girls' team also went to the Great Plains School for the Deaf (GPSD) Volleyball Tournament hosted at the Kansas School for the Deaf where they finished as runner up! **Lyssa Matsche and Alaqua Cox** were named on the All-Tournament team. Congratulations to the girls! The team finished the season with a winning 17-13 Record!



On October 18th, the Homecoming court began just before the Football game. We had over 600 fans and alumnus come for the WSD homecoming weekend which also included the 2014 WSD Sports & Service Hall of Fame that evening to recognize 20 individuals. The weekend concluded with both the football teams defeating the Arkansas School for the Deaf and the volleyball team defeating the alumnus. The King and Queen went to **Damon Hopp** and **Lyssa Matsche**. Congratulation to both!

WSD had the opportunity to field A and B teams for the middle school girls volleyball team. The A team consisted mainly of 7th and 8th graders while the B team consisted of 4th graders thru 7th graders. The teams were able to compete against many of the area schools. The teams exhibited significant improvement since last season. The B team was able to win five matches while losing six matches while the A team faced even tougher competition, winning three and losing 14.



The highlight of the season was the Badger Invitational Middle School Volleyball tournament in Lake Geneva. The A team competed hard and won 3rd place in its pool, losing the tiebreaker with a team that beat WSD in the pool play. The A team then competed hard with Lake Geneva Middle School's A team, losing the match in the third game.

WISCONSIN SCHOOL FOR THE DEAF *Firebirds*



It was a heartbreaker for the girls as they earned 6th place out of eight teams but the girls learned a lot about tournament play.

The WSD middle school volleyball team will miss the 8th graders and look forward to them competing in the varsity level: Keisha Payne, Lucero Uriostegui, Desiree West, Brianna Henke, and Paige Sheffield.



It was great pleasure to have a COED WSD flag football team again this year for five to seven years old and eight to ten years old with the Delavan Park & Recreation Dept. It was very exciting to see cute kids run for touchdowns. All kids thought it was fun to chase their friends while the coaches were waving their hands, trying to get them to run for a touchdown. The eight to ten years old kids (3 from WSD) played with a hearing team and produced a successful season as well.

From the Coaches Justin Vollmar & Kevin Healy

We would like to ask you to share this information with your organization, colleagues, community, group, family and friends via any form of social media that WSD Athletics offer. Our Firebirds Athletics have an official Twitter and Instagram page and the account name is #WSDDeafAthletics and make sure you follow us. Please be sure to LIKE on our Wisconsin School for the Deaf Facebook page. If you already did I want to thank you for your support.

Follow us on Twitter and Instagram for the latest scores, news and information at

#WSDDeafAthletics



WSD offers a merchandise store on the schools website, you can purchase online at www.wsdfirebirds.com.

WSD SPIRIT STORE
Get geared up for the 2014/2015 school year

Dozens of New Items!

Best regards,

Matthew Eby,
Athletic Director

2014 FALL SPORTS AWARDS

November 20, 2014

Welcome - Matthew Eby, Athletic Director

Elementary Flag Football-

Justin Vollmar & Kevin Healy

Special Olympic Awards –

Cheryl Trunk & Angela Lapworth

Middle School Girls' Volleyball Awards –

Brian Lievens & Amy Dignan

Varsity Boys' Football Awards - Michael Eldred,

Tom Armato, & Mark Wanninger

Varsity Girls' Volleyball Awards –

Heather Martens & De Drymalski

(NDIAA) All Americans, ITC All-Conference
Second team

Emma Menzel:

CSSD All-Tournament Team, ITC All-Conference
Second team, National Deaf Intercollegiate Athletic
Association (NDIAA) All Americans Honorable
Mention

Alaqua Cox:

GPSD All-Tournament Team, ITC All-Conference
Second team, National Deaf Intercollegiate Athletic
Association (NDIAA) All Americans Honorable
Mention

HIGH SCHOOL SPECIAL RECOGNITIONS:

SPECIAL OLYMPICS BOWLING

Firebirds Bowling Plaques:

Team Spirit: Darion Henderson

Coaches Appreciation: Naomi Cinefro

2014 Special Olympics State Bowling

Tournament,

3rd Place: Brandaun Carter

VARSDITY GIRLS' VOLLEYBALL

Season Record (17-13)

ITC Conference Record (5-5)

First Place Trophy: Central States Schools for the
Deaf (CSSD)

Second Place Trophy: Great Plains Schools for the
Deaf (GPSD)

Firebirds Plaques:

Most Outstanding Athlete: Lyssa Matsche

Coaches Award: Alaqua Cox

Rookie of the Year: Emma Menzel

Lyssa Matsche:

CSSD and GPSD All-Tournament, DeafDigest
Sports All-American, National Deaf Intercollegiate
Athletic Association (NDIAA) Second Team All-
American, ITC All-Conference Second team

Elizabeth Besaw

CSSD All-Tournament team, Second Team
National Deaf Intercollegiate Athletic Association

Heather Martens:

National Deaf Intercollegiate Athletic Association
(NDIAA) All Americans Coach of the Year

VARSDITY BOYS' 8-MAN FOOTBALL

Season Record (4-3)

GPSD Conference Record 4-1)

Firebirds Plaques:

Coaches Award: Daniel Romero

Most Outstanding Athlete: Jerome Payne

Most Improved Player: Dakota Kangas

Waldo Cordano Football Award: Damon Hopp

Danom Hopp:

GPSD All-Conference, Deafdigest Sports All
American, National Deaf Intercollegiate Athletic
Association (NDIAA) First Team All-American

Daniel Romero:

GPSD All-Conference, Deafdigest Sports All-
American National Deaf Intercollegiate Athletic
Association (NDIAA) Second Team All-American

Zominique Walker:

GPSD All-Conference, Deafdigest Sports All-
American, National Deaf Intercollegiate Athletic
Association (NDIAA) Honorable Mention

Jerome Payne:

GPSD All-Conference, Deafdigest Sports All
American